

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: JLAS

Date: 5.16.2022

[1] Nutrition Promotion and Education Goal(s):

JLAS Policy: {a} All students will receive nutrition education annually that is aligned with the Michigan Health Education Grade Level Content Expectations and the Michigan Merit Curriculum Guidelines for Health Education. Teaching healthy eating behaviors will be part of the curriculum. {b} The District promotes healthy food and beverage choices for students. The District will implement evidence-based healthy food promotion techniques through: offering school meal programs; and publicizing foods and beverages that meet or exceed the USDA Smart Snacks in School nutrition standards. The District will collaborate with public and private entities to promote student wellness. {c} The District will make water available to students throughout the school day.

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
All students will receive nutrition education annually that is aligned with the Michigan Health Education Grade Level Content Expectations and the Michigan Merit Curriculum Guidelines for Health Education. Teaching healthy eating behaviors will be part of the curriculum.	Mi Model training for teachers	22-23 school year	Number of staff trained in Mi Model	Principals	Students and staff	No
The District promotes healthy food and beverage choices for students. The District will implement evidence-based healthy food promotion techniques through: offering school meal programs; and publicizing foods and beverages that meet or exceed the USDA Smart	-promotion of free food opportunities at community organizations -school meals meet guidelines as required; ordering issues	22-23 school year	-food service menus -no sales of snacks that do not meet guidelines	Food Service Dept.	Students/Staff	No

Snacks in School nutrition standards. The District will collaborate with public and private entities to promote student wellness.	-encouraging more fresh baked options from food service					
Water will be made available to students throughout the school day.	Install operational drinking fountains throughout the school	Installed within the past two years.		Maintenance Supervisor	All who use the building: students, staff, public.	Yes

[2] Physical Activity Goal(s):

JLAS Policy: {a} The District will offer physical education programs that are designed to equip students with the knowledge, skills, and values necessary for lifelong physical activity. Physical education instruction will be aligned with the Michigan Physical Education Grade Level Content Expectations and the Michigan Merit Curriculum Guidelines for Physical Education. {b} Students will have the opportunity to participate regularly in supervised physical activities, either organized or unstructured, intended to maintain physical fitness and an understanding of the benefits of a physically active and healthy lifestyle. {c} The District strives to provide physical activity breaks for all students, including recess for elementary students and before and after school activities, and encourages students to use active transport (e.g., walking, biking). {d} The District encourages parents/guardians to support their students' participation in physical activity, to be physically active role models, and to include physical activities in family events.

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The District will offer physical education programs that are designed to equip students with the knowledge, skills, and values necessary for lifelong physical activity. Physical education instruction will be aligned with the Michigan Physical Education Grade Level Content Expectations and the Michigan Merit Curriculum Guidelines for Physical Education	-continued scheduling of PE classes at all grade levels as often as possible	Continual	schedules	Principals	Students	Ongoing
Students will have the opportunity to participate regularly in supervised physical activities, either organized or unstructured, intended to maintain physical fitness and an understanding of the benefits of a physically active and healthy lifestyle	-scheduling of classes to allow for regular physical activity	Continual	Student participation? Class schedules	Principals/Staff	Students	Ongoing
The District strives to provide physical activity breaks for all students, including recess for elementary students and before and after school activities, and encourages students to use active transport	-encouraged brain breaks; recess scheduled; breaks outdoors and within building for upper level students	Continual	Frequency of physical activity breaks as reported by staff to administration	Staff/Principals	Students/Staff	Ongoing

The District encourages parents/guardians to support their students' participation in physical activity, to be physically active role models, and to include physical activities in family events.	-sharing of community activities such as little league -evaluate parent events that are held at school and determine where physical activity can be integrated	Fall 2022	Evaluation of family events/activity	Principals	Students and Families	Ongoing
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[3]School-based activities to promote student wellness goal(s):

ILAS Policy: {a}The District may partner with community members or groups to implement this Policy. The District will also: participate in state and federal child nutrition programs as appropriate; allow other health-related entities to use school facilities for activities such as health clinics, screenings, and wellness events consistent with Policy 3304; use evidence-based strategies to develop, structure, and support student wellness; and create environments conducive to healthy eating, physical activity, and conveying consistent health messages.

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The District will also: participate in state and federal child nutrition programs as appropriate; allow other health-related entities to use school facilities for activities such as health clinics, screenings, and wellness events consistent with Policy 3304; use evidence-based strategies to develop, structure, and support student wellness; and create environments conducive to healthy eating, physical activity, and conveying consistent health messages	-Michigan Model training for more implementation of curriculum	Starting fall 2022 – gradual implementation	Staff trained in Mi Model Mi Model taught in grade levels	Principals	Students and Staff	No

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[4] Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

ILAS Policy: {a} The District will ensure that students have access to foods and beverages that comply with applicable laws and guidelines including, but not limited to, the USDA Nutrition Standards for School Meals and the USDA Smart Snacks in School nutrition standards. {b} The District will offer students a variety of age-appropriate, healthy food and beverage selections including fruits, vegetables, and whole grains aimed at meeting the nutrition needs of students within their calorie requirements to promote student health and reduce childhood obesity.

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The District will ensure that students have access to foods and beverages that comply with applicable laws and guidelines including, but not limited to, the USDA Nutrition Standards for School Meals and the USDA Smart Snacks in School nutrition standards.	Food service follows all rules and guidelines	22-23	Menus	Food Service	Students/Staff	Yes
	Add more freshly made foods for students					No
The District will offer students a variety of age-appropriate, healthy food and beverage selections including fruits, vegetables, and whole grains aimed at meeting the nutrition needs of students within their calorie requirements to promote student health and reduce childhood obesity	If possible with ordering, add more options that meet guidelines for students and staff	22-23	Menu Options	Food service	Students/Staff	No

[5] Guidelines for other foods and beverages available on the school campus, but not sold:

ILAS Policy: {a} The District may provide a list of healthy food and beverage alternatives to parents/guardians, teachers, and students for classroom parties, rewards and incentives, or classroom snacks. The District discourages the use of unhealthy food and beverages as a reward or incentive for performance or behavior.

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The District may provide a list of healthy food and beverage alternatives to parents/guardians, teachers, and students for classroom parties, rewards and incentives, or classroom snacks. The District discourages the use of unhealthy food and beverages as a reward or incentive for performance or behavior.	<ul style="list-style-type: none">- No list districtwide provided – should there be?- Administration discourages using food as reward, however, some do exist				students	

[6] Marketing and advertising of only foods and beverages that meet Smart Snacks:

JLAS Policy: {a} Marketing and advertising is allowed on school grounds or at school activities only for foods and beverages that meet or exceed the USDA Smart Snacks in School nutrition standards. Food and beverage fundraising and marketing that occurs at events outside of school hours need not comply with the USDA Smart Snacks in School nutrition standards. {b} In-school fundraising events must comply with Policy 5501 and MDE's NonCompliant Food Fundraiser Guidance, which permits 2 fundraisers per week, per school building that do not comply with USDA Smart Snacks in School nutrition standards. In-school fundraising events may last up to 1 day and may not be held in the food service area during meal times. {c} Equipment that currently displays noncompliant marketing materials (e.g., scoreboard with soft drink logo) will not be removed or replaced. As the District reviews and considers new contracts and as durable equipment, like scoreboards, is replaced or updated, any food or beverages marketed and advertised will meet or exceed the USDA Smart Snacks in School nutrition standards.

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Marketing and advertising is allowed on school grounds or at school activities only for foods and beverages that meet or exceed the USDA Smart Snacks in School nutrition standards. Food and beverage fundraising and marketing that occurs at events outside of school hours need not comply with the USDA Smart Snacks in School nutrition standards.	No marketing takes place during school hours that violates this					

<p>In-school fundraising events must comply with Policy 5501 and MDE's NonCompliant Food Fundraiser Guidance, which permits 2 fundraisers per week, per school building that do not comply with USDA Smart Snacks in School nutrition standards. In-school fundraising events may last up to 1 day and may not be held in the food service area during meal times</p>	<p>Our policy does not allow food fundraisers to occur during the school day</p>					
<p>Equipment that currently displays noncompliant marketing materials (e.g., scoreboard with soft drink logo) will not be removed or replaced. As the District reviews and considers new contracts and as durable equipment, like scoreboards, is replaced or updated, any food or beverages marketed and advertised will meet or exceed the USDA Smart Snacks in School nutrition standards.</p>	<p>No such marketing exists</p>					

[7] Description of public involvement, public updates, policy leadership, and evaluation plan.

ILAS Policy: {a}The District will form a Wellness Committee to establish goals for, oversee, and periodically review and update school health policies and programs. The Wellness Committee will also oversee this Policy's implementation. {b}The Wellness Committee will represent all school buildings and include, to the extent possible, parents/guardians, students, food service representatives, physical and health education teachers, school and community health care professionals, and community members. The Board encourages community participation in the Wellness Committee. When possible, membership will also include Supplemental Nutrition Assistance Program education coordinators.

[8] Implementation and Oversight

ILAS Policy: {a}The Superintendent or designee is responsible for ensuring that each school building complies with this Policy. {b} The Board will review this Policy at least every 3 years to determine compliance, progress, and the extent to which this Policy compares to model school wellness policies. Parents/guardians, students, school employees, school health professionals, Board members, and community members may provide input to the District during the Wellness Policy review process. {c} A copy of this Policy will be maintained in the District's administrative offices and posted on the District's website. {d} The Superintendent or designee will maintain all legally required documentation for implementation of this Policy. The Superintendent or designee will annually provide notice about this Policy and any updates to the community